



# THE SPA AT SPRUCE PEAK

As our behavior changes with the seasons, and stressors shift alongside the weather, the needs of our body and mind can change throughout the year. The Spa at Spruce Peak, we encourage everyone to discover new experiences by taking the time to relax your mind and heal your body, year-round.



## JUNE

### SHED YOUR LAYERS & RENEW YOUR SOUL

#### FEATURED TREATMENTS:

- 50-minute Signature Spruce Spa Scrub
- 25-minute Doctor Dennis Gross Peel

#### FEATURED RETAIL PRODUCTS:

- Body Scrubs
- Doctor Dennis Gross Peel Pads

## JULY

### START SUMMER OFF WITH THERAPEUTIC HEALING

#### FEATURED TREATMENTS:

- 50/80 minute Golf Specific Therapeutic Sports Massage
- Titleist Performance Institute Golf Fitness Evaluation

#### FEATURED RETAIL PRODUCTS:

- Blue Beautifly Arnica Oil
- Blue Beautifly Scalp Serum

## AUGUST

### SUPPORT YOUR MUSCLES TO KEEP YOU MOVING

#### FEATURED TREATMENTS:

- Taping
- CBD Massage/CBD Facial

#### FEATURED RETAIL PRODUCTS:

- Heart Grown Wild In The Trees CBD Body Oil
- CBD Gummies for restful sleep

For more information or to book your treatment call the Spa Concierge at 802-760-4782 or email [BTVDH-Spa@Hyatt.com](mailto:BTVDH-Spa@Hyatt.com)