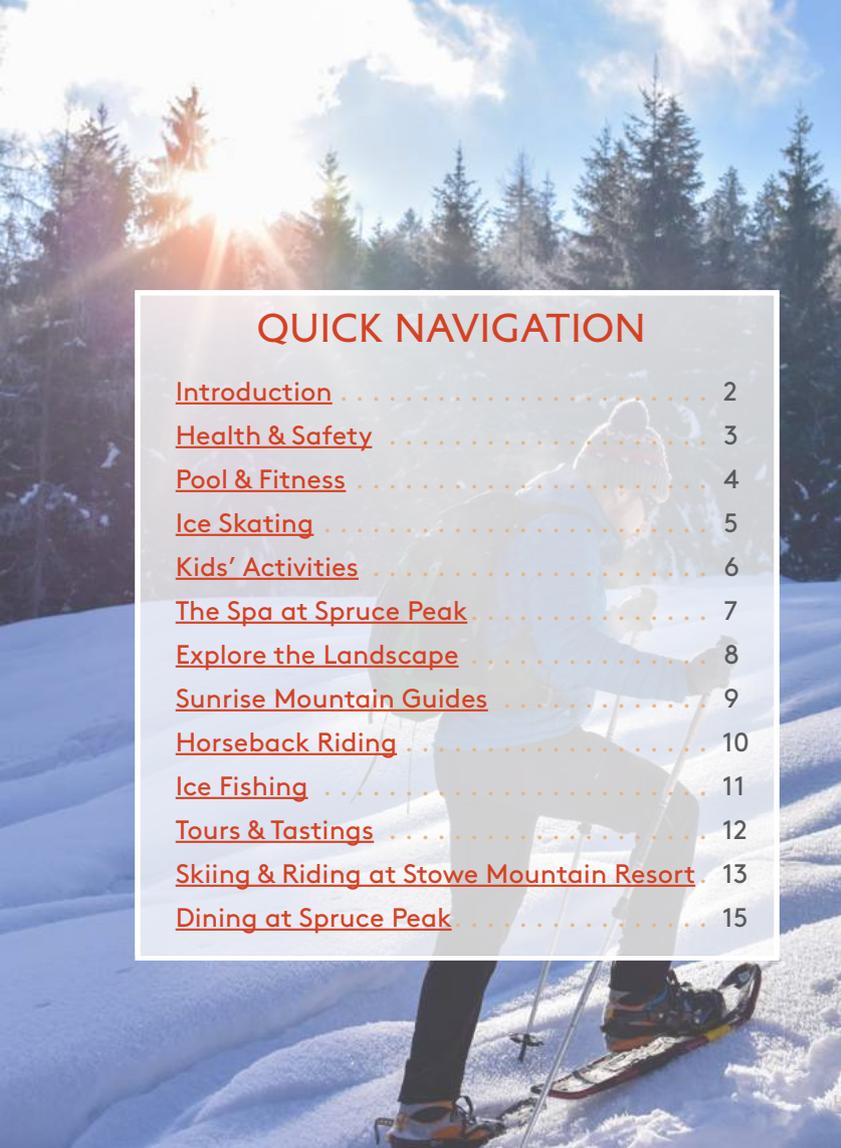




SPRUCE PEAK ADVENTURE GUIDE WINTER 2020/2021

Updated September 10, 2020

Please Note: Not all adventures, activities, and offerings may be available during your stay or for the 2020/2021 season.



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Now Planning a New Winter Tradition

Many things have changed this past year, but Spruce Peak's dedication to providing memorable moments and elevated experiences has not. As we look towards winter there is unfortunately a number of uncertainties in regards to guidelines and limitations for winter travel and adventure.

The following adventure guide is to be used as a helpful planning tool for your next Spruce Peak Winter vacation. We will work to keep this guide updated with the newest information possible, but please note not all adventures and activities may be available during your stay or during the 2020/2021 season. Thank you for your continued support and understanding.

Explore Safely - Health & Hygiene Updates

Travel is about cultivating new experiences and creating memories that stay with you long after your trip. That's exactly what you can expect while staying with us at Spruce Peak.

Spruce Peak and Spruce Peak Outfitters are proud to partner with local vendors and guides to curate the best Vermont experiences all year long. All of our trusted partners have their own guidelines to provide guests a safe and hygienic experience. For more information please contact the individual vendors or call Spruce Peak Outfitters at 802-760-4061.

[READ OUR FULL SAFETY & HYGIENE GUIDELINES](#)

Spruce Peak Outfitters

If you're looking for the ultimate Vermont mountain experience, look for Spruce Peak Outfitters. Working with a network of local, highly trained experts, SPO will assist in creating you a personal itinerary and guide you through a journey of discover that perfectly fits your skill level and experience.

For personal assistance call the Spa Concierge at 802.760.4782

COVID-19 PREVENTION

Be Smart, Stay Safe



Spruce Peak asks that you please pay regard to the following regulations during your stay

- Per the order of the Governor and Guidelines set forth by the Vermont Department of Health and the CDC, if you or any member of your family are showing signs of respiratory illness (fever, cough, shortness of breath) you will not be allowed entry to The Lodge at Spruce Peak or any Spruce Peak outlet.
- By mandate of the State of Vermont, Town of Stowe, and Hyatt Hotels masks are required in all indoor and outdoor public areas.
- Maintain a minimum distance of at least six feet from others in accordance with social distancing guidelines.
- Limit sharing elevator rides to those within your immediate party.
- Wash your hands for at least 20 seconds or use hand sanitizer regularly. Hand sanitizer stations will be located around the Lodge and other public areas.



WASH



PROTECT



DISTANCE



CLEAN

READ OUR FULL SAFETY & HYGIENE GUIDELINES ONLINE

FOR MORE INFORMATION, VISIT THE VERMONT DEPARTMENT OF HEALTH WWW.HEALTHVERMONT.GOV

HOME



The Pool at Spruce Peak

Watch Video

Enjoy beautiful outdoor swimming with a breathtaking view of Mount Mansfield. Our heated 5 ½ foot deep pool with indoor access area will keep you comfortable year round and keep you out of the chill when you're reaching for your towel. Feel free to play like a kid again or crank out laps in the 25 yard lap lane.

Need to escape? Relax in one of our two Jacuzzis adjacent to the pool or warming yourself by the outdoor fire pit on a crisp summer evening.

In order to best protect our guests' health and safety, pool access will be by reservation only with a limit of 1 hour and 45 minutes per reservation. See the Spa for details on how to reserve your time.



The Fitness Center

Watch Video

Surrounded by unlimited trails, lakes, rivers, and slopes, outdoor recreation becomes a part of our daily routine here in Stowe. On the days where weather does not permit, start your day at our state-of-the-art fitness center, featuring Peloton Bikes and guided fitness classes.

In order to comply with social distancing guidelines the Fitness Center is currently open by reservations only. Free weights, mats, and balls have been removed, and masks are required unless on a machine.

To reserve your time please call the Spa at 802-760-4782 or email BTVDH-Spa@Hyatt.com

Please Note: Not all adventures, activities, and offerings may be available during your stay or for the 2020/2021 season.





Ice Skating at Spruce Peak Village

[Watch Video](#) 

Located just steps from the Spruce Camp Base Lodge, The Lodge at Spruce Peak, and the Adventure Center is the Ice Rink at the Spruce Peak Village.

The Ice Rink is the perfect compliment to your Spruce Peak winter experience. Select holidays and weekends feature special events ranging from ice dancer performances to Santa skates. Access is complimentary - bring your own skates or rent from us.

2020/2021 rental fees and availability are pending.

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[HOME](#)

KIDS' ACTIVITIES

Spruce Peak is dedicated to providing families the adventure and fun needed for creating long lasting winter memories.



🌲 Spruce Peak Toy & Candy Co.

Located across the Village Green, next to the Adventure Center, is every child's (and child at heart's) dream - The Spruce Peak Toy & Candy Co. Featuring gourmet sweets and treats, soft cuddly plush toys, unique board games, craft kits, and more, this is a stop not to be missed by any family.

🌲 Daily Story-Time

Take a moment to warm up and enjoy a story read by our recreations team at the Toy & Candy Co.

🌲 Laser Tag

Join us on select weekends and holiday evenings for a high energy game of Laser Tag, brought to you by the professionals at Green Mountain Games. This is a great activity for kids and adults of all ages. Availability and price may vary throughout the season.

🌲 Kids Craft Workshops

From watercolor paintings to gingerbread houses, kids of all ages are invited to unleash their inner artist and craft one-of-a-kind souvenirs with our rotating craft workshops.

🌲 Build-a-Buddy

During select holidays and weekends, our younger guests can craft their own soft, cuddly companions to take home with them. Availability and price may vary throughout the season.

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THE SPA AT SPRUCE PEAK

By nature, we all aspire to be healthy. At The Spa at Spruce Peak, we encourage you to discover new experiences by taking time to relax your mind, heal your body, refresh your soul, and reconnect with yourself.

[CLICK HERE FOR OUR FULL SPA MENU](#)

The Spa at Spruce Peak is dedicated to providing a healing experience in a safe and hygienic environment. All treatment rooms, showers, equipment, and public areas are regularly cleaned with an EPA approved disinfectant, and all staff are required to wear gloves & masks.

[Click here to read our full Safety & Hygiene Guidelines](#)

🌿 Mom-to-be Treatments

Congratulations on your pregnancy! To ensure your safety, and the safety of your baby, we have curated a special selection of treatments that are appropriate for expecting mothers. Ask the Spa Concierge or check our menu for more details.

🌿 T-Shock Cryotherapy

Cryotherapy is a non-invasive, all natural approach to body contouring and pain relief. Using alternating warm and cold temperatures targeted directly on 'problem areas' our estheticians are able to instantly shrink cellulite, tighten loose sagging skin, and accelerate muscle recovery.

🌿 Live Like a Local - Vermont Inspired Treatments [Watch Video](#)

Drawing on the best of Stowe and Vermont, we have crafted a selection of unique treatments to inspire wellness and a connection to the destination we are a part of.

Stowe Cider Scrub (100minutes) - Begin with a full body scrub incorporating the byproducts of fermentation and exfoliating ingredients to smooth dry skin. Next your therapist will hydrate your skin and relax your muscles with a 50-minute massage. After your treatment, relax with a cold can of Stowe Cider in our Sanctuary.

CBD Massage (50, 80, or 100 minutes) - A slow, firm massage using organic CBD oil to calm the nervous system and address tension and joint pain.

🌿 Full-service Salon [Watch Video](#)

After your body and mind are relaxed and refreshed, bring out your inner beauty at our full service salon. We offer both traditional hair styling, and mani/pedi services, as well as unique options to enhance your natural beauty.

Sacred Beauty (80 minutes) - Created special by our Salon team, this treatment soothes and softens your hair, and relaxes and hydrates your hands.

⌄ Cross Country Skiing

Stowe Mountain Resort's Cross Country Ski Center offers 45 kilometers of groomed trails and 30 kilometers of backcountry terrain.

The rental shop features a wide selection of nordic snowsport gear including snowshoes, touring gear, classic ski packages, and backcountry gear.

⌄ Snowmobiling

Watch Video 

Join Stowe Snowmobile Tours on an adventurous 25-mile journey through the Mount Mansfield State Forest for both beginner and advanced riders. Go at your own pace, or challenge yourself on the varied terrain. This tour has it all: hills, woods, straightaways, and speed (if you want it!). This is no "stroll through the woods" We provide you with boots and helmets at no additional cost, and if you do not have your own warm clothing (ski clothes work perfectly), we have suit rentals available for a small fee.

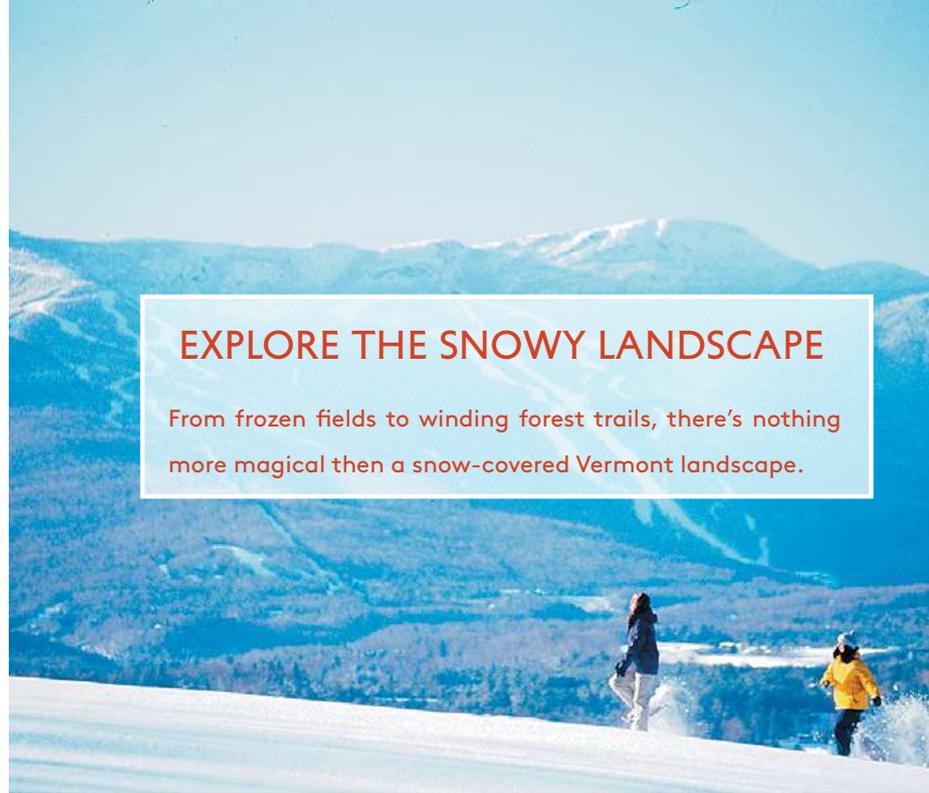
All tours are customized to your ability level and desires. Book now and treat yourself to an unforgettable adventure and check out back country Vermont in its prime winter season.

Contact Stowe Snowmobile Tours directly at 802-253-6221

⌄ Fat Bike Rentals

Just because the trails are covered in snow does not mean our biking season is over! Whether you are just trying it out for the first time or looking to shred out on the trails, the local professionals at Ranch Camp in Stowe have the right tour for you!

Trail conditions can vary but poor skiing conditions can be perfect for fat-biking so please inquire if you are interested in seeing what this exciting new sport is all about!



EXPLORE THE SNOWY LANDSCAPE

From frozen fields to winding forest trails, there's nothing more magical than a snow-covered Vermont landscape.

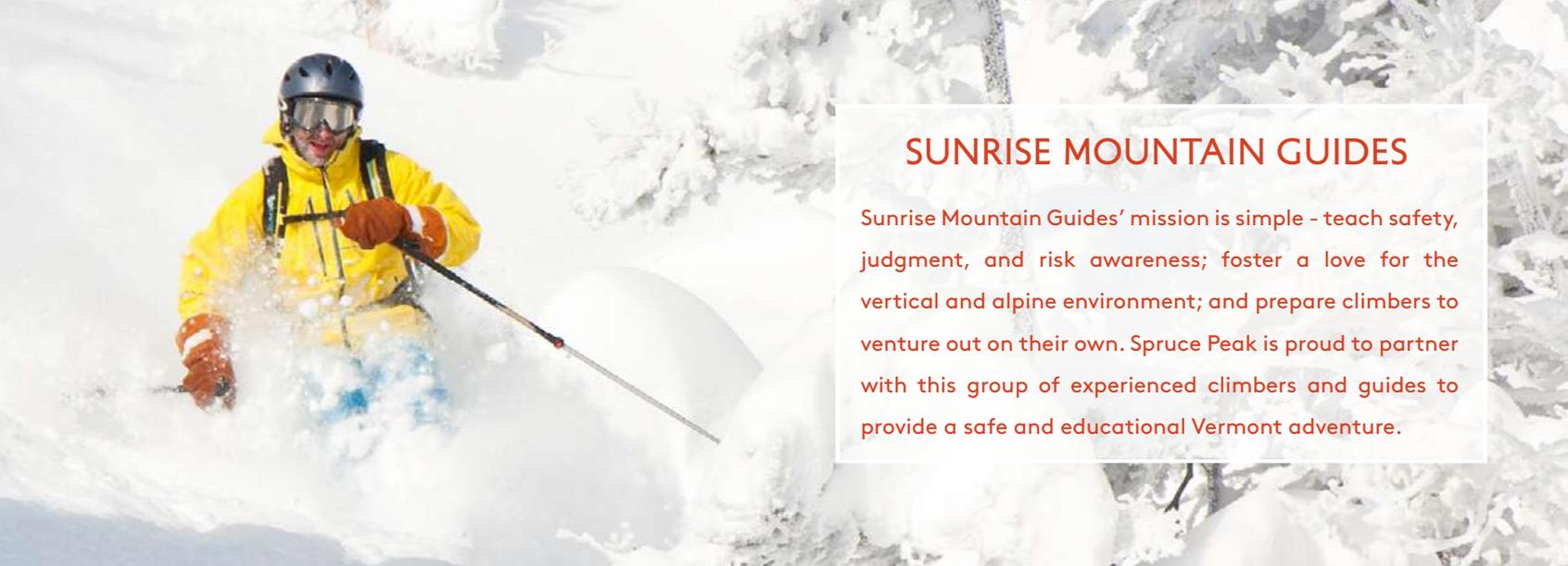
⌄ Snowshoeing

Watch Video 

This winter, explore the vast network of trails that exist right here in Stowe - by snowshoe! Take a tour by our professional team, or rent your own for a day of exploring.

Whether you are looking for a romantic getaway for two, a challenging workout, or a fun outing fit for the whole family, we have a snowshoe tour or trail for you.

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SUNRISE MOUNTAIN GUIDES

Sunrise Mountain Guides' mission is simple - teach safety, judgment, and risk awareness; foster a love for the vertical and alpine environment; and prepare climbers to venture out on their own. Spruce Peak is proud to partner with this group of experienced climbers and guides to provide a safe and educational Vermont adventure.

Ice Climbing 101

Watch Video 

Starting on a low angle terrain, we'll teach you how to move safely on snow and ice with helmet and crampons. Combing ice tools, harness, and rope you'll begin your vertical ascent. We'll provide all equipment you'll need, no prior climbing experience needed.

Intro to Backcountry Skiing

This two hour clinic covers; proper trip planning, navigation, proper equipment and technique. We'll explore the historic "Ranch Valley" while learning the fundamentals of touring the winter back woods.

For intermediate level skiers and above.

Back Country Day Tours

Stowe offers miles of high and low elevation backcountry ski touring. Explore the scenic Sky Top Ridge, test your telemark on the Steeple, the Bruce, Tear Drop, or the Underhill Trail. We'll show you the real reason people consider Stowe "The Ski Capital of the East."

Full and half day tours are available.

Prerequisite: Advanced intermediate level skier in good condition.

24-hour reservation notice preferred.

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Sleigh Rides by Gentle Giants

Watch Video

New England's most scenic and romantic ride, our Percheron and Belgian draft horses Justin, Tom, Donny, Mack, Bret, or Jack will pull you in a one or two horse (open) Santa style sleigh with a curly dash.

Enjoy a ride in our lovely new romantic sleigh for couples. We will begin our journey through a covered bridge along an open brook on a winding wooded trail in the woods. Sleighs are all beautifully lit with enchanting lights for our early evening rides.

Warm blankets welcome you. Families and groups are welcome.

All rides are private just for "you and yours". Weather and trail condition dependent.

Please call Gentle Giants directly at 802-253-2216 to book your reservation.



Horseback Riding by LaJoie Stables

Watch Video

Located in Jeffersonville, away from the hustle-and-bustle of the ski resort, Lajoie Stables provides a one-of-a-kind equine experience to Vermont tourists and locals alike. As the snow begins to fall, think about how wonderful it would be to ride in a horse drawn sleigh!

Experience what Vermont used to be by taking a ride in a two-horse sleigh! All of our sleigh rides are private and average 45 minutes to 1 hour long. Customized rides are also available for family reunions, private parties or any special occasion.

Blankets are provided. We have a maximum capacity of 4 on our smaller sleigh and 8 on our larger sleigh.

Please call Lajoie Stables Directly at 802-644-5347 to make your reservation.

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The Fly Rod Shop

We can't make it through the winter without fishing, so why not join us for a great winter experience?

Try your luck with tip-ups and jigging for fish on some of Vermont's most scenic lakes with our guided instructional ice fishing tours.

Throughout the winter we target many different species of fish in many different bodies of water. These species include Northern Pike, Landlocked Salmon and Lake Trout. We will also pursue many other types of fish, including Brown and Rainbow Trout, Yellow Perch and many more. These will be targeted both by jigging and by the use of tip-ups. These trips are great for people who don't even know what ice-fishing is, or for an experienced ice-fisherman who is visiting and doesn't have any of their gear.

This tour will consist of both tip-up fishing and jigging. We will show you our secret techniques to getting more fish on the ice both by jigging and use of tip-ups. Our trips take place from 9AM to 1PM and we head out once the ice has set in.



Half Day Trips

All equipment, gear and bait are provided

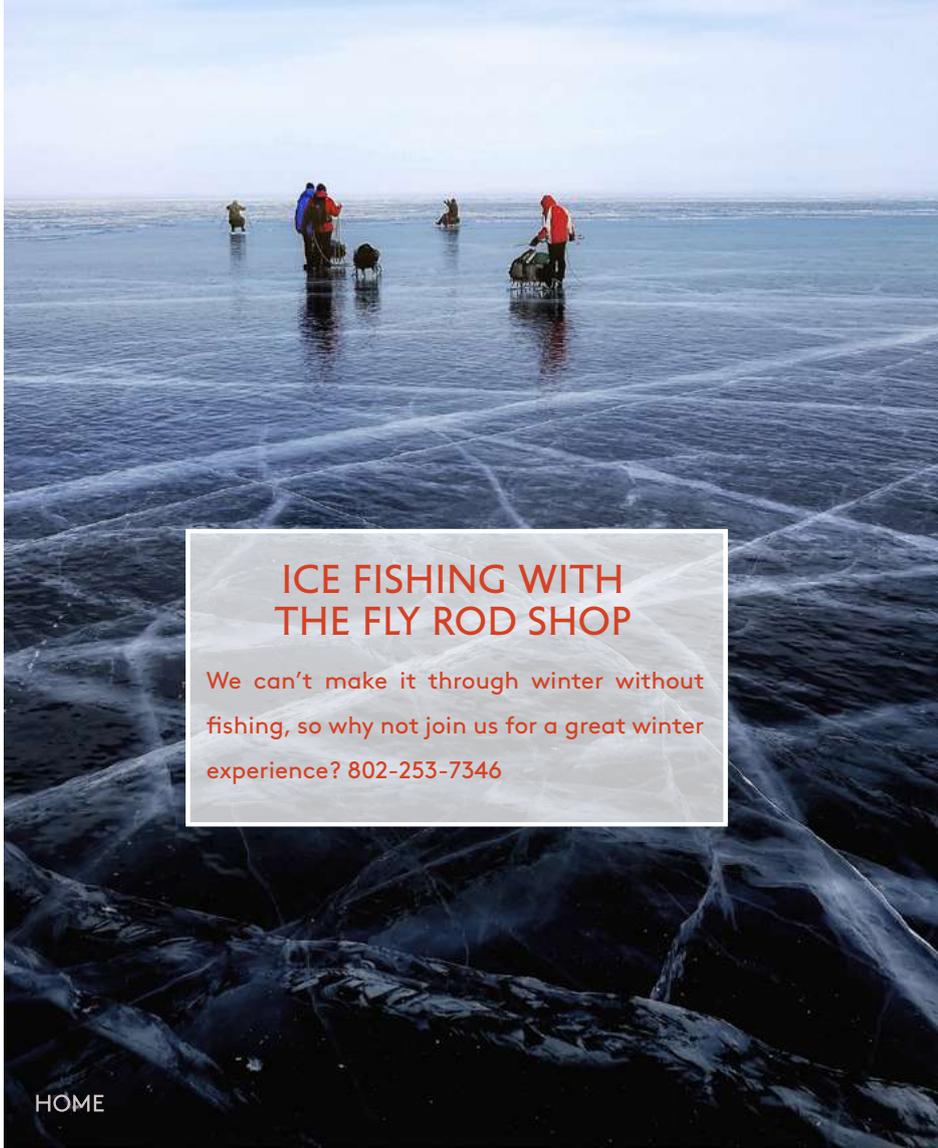
Advance registration required. Space is limited so book early.

Costs do not include gratuities or a Vermont Fishing License. (A Vermont Fishing License is available for purchase at the Fly Rod Shop or online)

The Fly Rod Shop may be able to provide transportation upon request, however typically guests will follow us to the lake.

Please contact The Fly Rod Shop directly at (802) 253 - 7346 to make your reservation!

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ICE FISHING WITH THE FLY ROD SHOP

We can't make it through winter without fishing, so why not join us for a great winter experience? [802-253-7346](tel:802-253-7346)



Brewery Tours by Four Points VT

Watch Video 

Sit back, relax, and let Four Points do the driving so you can focus on sampling great Vermont beers. Tours include pick-up and drop-off, well-informed local guide, and flight of beverage samples at each stop. Stops include 4 to 5 of the following depending on availability:

Rock Art - Morrisville, VT

Lost Nation - Morrisville, VT

Von Trapp Family Brewery - Stowe, VT

Hill Farmstead - VT

Alchemist Brewing - Stowe, VT

Ten Bends - Hyde Park, VT

Stowe Cider - Stowe, VT



A Taste of Vermont Tour by Mountain View Tours

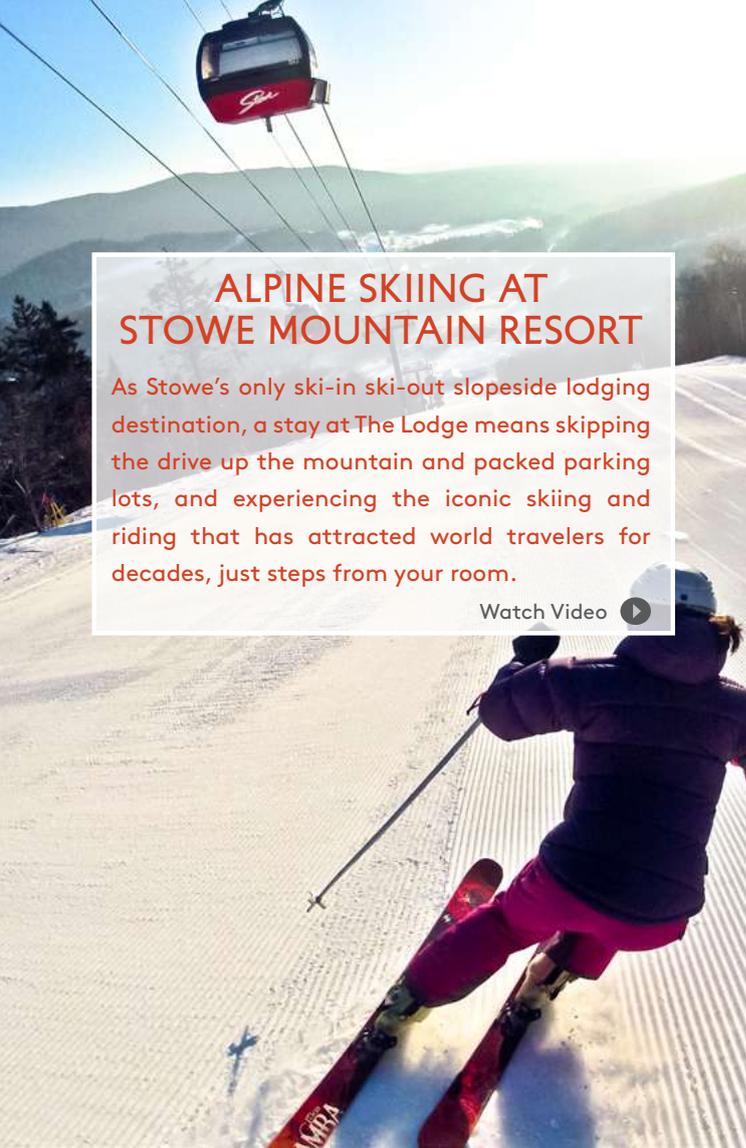
Our most requested tour! Stops include the flavors of world-famous Ben & Jerry's Ice Cream Factory, Green Mountain Coffee Roasters, and Cold Hollow Cider Mill, and historical tales of Stowe Village and Emily's Bridge (a love story). Get the full Stowe and Vermont experience with one tour - ideal for families!

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TOURS & TASTINGS

Stowe and the surrounding towns are home to some of the best microbreweries in America, world-famous cheesemakers, and the international favorite: Ben & Jerry's Ice Cream. Book a guided tour, or set out on your own to experience the best Vermont has to offer - sip by sip and bite by bite.





ALPINE SKIING AT STOWE MOUNTAIN RESORT

As Stowe's only ski-in ski-out slopeside lodging destination, a stay at The Lodge means skipping the drive up the mountain and packed parking lots, and experiencing the iconic skiing and riding that has attracted world travelers for decades, just steps from your room.

Watch Video 



Mountain Reservations System for 2020/21 Season

For your safety, and the safety of our community, Vail Resorts has implemented a pass-holder reservations system this season. Stowe Mountain Resort and Vail Resorts anticipates being able to accommodate everyone for most days this season, but recommends you plan your ski dates ahead of time in order to guarantee your trip goes smoothly.



EPIC Pass Holder Priority Access

Lock-in that big trip or special weekend before the core season even begins. As a pass holder, you will receive an early opportunity to reserve up to seven Priority Reservation Days for the core season (Dec. 8 - April 4) before lift tickets go on sale. The exclusive reservation window runs Nov. 6 through Dec. 7.



Lift Tickets Go On Sale December 8th

Pass holders get the mountains to themselves with exclusive early season access through Dec. 7. Vail Resorts will not sell lift tickets until Dec 8; buying an Epic Day Pass is a great alternative. Early season reservations can be booked up to a week in advance.



Visit [Stowe.com](https://www.stowe.com) for More Information

Mountain Operations at Stowe Mountain Resort are fully managed by Vail Resorts and unaffiliated with The Lodge and Spruce Peak outlets. While we strive to provide you the best service in planning your 2020/21 ski vacation, Spruce Peak staff is unable to assist in purchasing passes, lift tickets, and making mountain reservations.

EPIC PASS, EPIC Day Pass, and Lift Tickets must be purchased directly from Vail Resorts and Stowe Mountain Resort. For the most detailed information on the new Mountain Reservations System, EPIC PASS benefits and protection, and resort safety and hygiene updates, please visit [Stowe.com](https://www.stowe.com) directly.

Thank you for your understanding.

Not all of the following may be offered during the 2020/2021 season. Thank you for your patience and understanding during this uncertain time.

CLICK HERE TO VISIT
[Stowe.com](https://www.stowe.com)

🏔️ Childrens' Full and Half Day Lessons

Full Day is the best way.

This program includes the full-day group lesson, lunch, snacks and fun. Children are grouped by ability level and progress at their own pace with our professional instructors. Just starting out? We've got the coach for you. Already ripping it up? Come on up and join the fun.

Just starting out and not quite ready for a full day? Our afternoon Big Easy program is great for first-time skiers. Your child will receive a two-hour lesson with no more than two other children, access to our beginner lifts at Spruce Peak, equipment and helmet. Consider this lesson for your 3- to 4-year-old if it's their first time and you don't arrive in time for the morning full-day option.

The perfect choice for a slower easier introduction to the sport—at a great price.

🏔️ Stowked Teen Camp

Stowked is our full day group program for teenagers ages 13 to 16 who are ready to rip it up! This program includes all day lesson, lunch, snacks and advanced level fun. These skiers and riders must be comfortable on our blue or black level terrain. Teens are grouped by skill level and discipline. Reserve just one day of holiday camp or several—it's up to you.

🏔️ Private Lessons

Please call us (802-253-3682) or email us with a brief description of your needs, a phone number and a good time for us to call you. We'd love to help you arrange your lessons at Stowe Mountain Resort.



LESSONS & CAMPS AT STOWE MOUNTAIN RESORT

🏔️ Adaptive Lessons

We offer adaptive lessons in the following categories: Two Track Skiing, Three/Four Track Skiing, Snowboarding, Bi-Skiing, The Sit-Down Ski, Mono Skiing.

An initial assessment by one of Stowe's trained instructors will help determine what equipment is best suited for each student's abilities.



APRÈS-SKI DINING

Warm up and recharge with some inspired Après-ski dining options, located steps from the slopes!

Watch Video 

Spruce Peak To-Go

Savor all that Spruce Peak has to offer - from the comfort of your guestroom. Spruce Peak To-Go offers contact-free delivery to every guestroom and residence within Spruce Peak, as well as the pool deck and Village Green!

[Order.SprucePeak.com](https://www.order.sprucepeak.com)

HOME

In order to best protect the health and safety of our guests, owners, and community, we're reimagining our Après-ski dining options for the 2020/2021 Season. Updated availability and information to come shortly.

Solstice Restaurant

Coastal New England meets Vermont localvore at our newly restructured Solstice Restaurant, combining the best of Solstice and Hourglass Lounge. Serving elevated bistro fare paired with local brews in a safe, socially distanced environment with outdoor seating or in-room delivery options available

Open Daily - Reservations Recommended

WhistlePig Pavilion

Treat yourself to some authentic Vermont après-ski dining! The WhistlePig Pavilion enters its third season this year with all the old classics and new favorites, like fire-baked raclette cheese and locally inspired WhistlePig Rye Whiskey cocktails.

The Pantry & Beanery

Conveniently located in Spruce Peak Village, The Pantry offers a variety of artisan foods, local products and ingredients, and an impressive selection of wine and beer, while the Beanery Cafe welcomes guests with freshly brewed Vermont Artisan Coffee, gourmet pastries, and grab-n-go hot breakfast sandwiches.